

| 日付 | 曜日 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 | 21:30 |
|----|----|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1  | 火  |      |       |       |       |       | 一般開放  |       |       |       |       |       |       |       |       |
| 2  | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 3  | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 4  | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 5  | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 6  | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 7  | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 8  | 火  |      |       |       |       |       | 一般開放  |       |       |       |       |       |       |       |       |
| 9  | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 10 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 11 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 12 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 13 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 14 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 15 | 火  |      |       |       |       |       | 一般開放  |       |       |       |       |       |       |       |       |
| 16 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 17 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 18 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 19 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 20 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 21 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 22 | 火  |      |       |       |       |       | 一般開放  |       |       |       |       |       |       |       |       |
| 23 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 24 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 25 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 26 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 27 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 28 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 29 | 火  |      |       |       |       |       | 一般開放  |       |       |       |       |       |       |       |       |
| 30 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 31 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |

アリーナ

空き状況

R

7

年度

7

月

全面予約有

半面予約有

空き

7

月

2

日

時点の空き状況です。詳しくは受付まで

| 日付 | 曜日 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 | 21:30 |
|----|----|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1  | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 2  | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 3  | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 4  | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 5  | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 6  | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 7  | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 8  | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 9  | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 10 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 11 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 12 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 13 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 14 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 15 | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 16 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 17 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 18 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 19 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 20 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 21 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 22 | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 23 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 24 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 25 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 26 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 27 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 28 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 29 | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 30 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 31 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |

トレーニングルーム 空き状況 R 7 年度 7 月

予約有

教室

空き

7 月 2 日 時点の空き状況です。詳しくは受付まで

| 日付 | 曜日 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 | 21:30 |
|----|----|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1  | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 2  | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 3  | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 4  | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 5  | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 6  | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 7  | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 8  | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 9  | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 10 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 11 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 12 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 13 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 14 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 15 | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 16 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 17 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 18 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 19 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 20 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 21 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 22 | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 23 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 24 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 25 | 金  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 26 | 土  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 27 | 日  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 28 | 月  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 29 | 火  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 30 | 水  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |
| 31 | 木  |      |       |       |       |       |       |       |       |       |       |       |       |       |       |

会議室

空き状況

R

7

年度

7

月

予約有

教室

空き

7 月 2 日 時点の空き状況です。詳しくは受付まで